

Kerry-Louise steams ahead in the WAKO K1 Intercontinental title fight held in Dinnington Sheffield this weekend gone! Full credit firstly goes to her opponent, a respectful and friendly girl in Natalie Van Niekerk who travelled all the way from South Africa to meet one of Great Britain's top professional and hard hitting fighters. Van Niekerk, showed that when she entered the ropes she too had a different personality for the ring. She was focused and had COME TO FIGHT!

Led out by her own long time student Chris Blood who has just returned from a 2nd Afghanistan tour and received his Afghan medal last week, Kerry-Louise looked calm, collected and had that look of sheer confidence as she stood in a silhouette of flashing lights and smoke, the show was set.....

In a fight which went the distance with the addition of bone bruising low kicks and knees, including all the boxing and kicking skills, both girls showed they were both mentally and physically prepared for the bout.

Kerry-Louise started as expected with a 30 second appraisal of her fighter to let coach "CJP" see how to handle the South African. With that out of the way Kerry-Louise moved it up into second gear to take the first round comfortably and with her opponents weaknesses now been assessed fully.

The second round went into 3<sup>rd</sup> gear with two levels left and again the home fighter was well in front at the bell.

It was plain to see that round 3 of the scheduled 5 x 3minutes was where Cris had planned for Kerry-Louise to move up to 5<sup>th</sup> and top gear. She came out and for the 3 rounds which remained and treated the whole Lyric Theatre to a display of sheer excellence.

Kerry threw combination punches that would have stopped most fighters, kicks that would have downed a bull. Straight singular shots which had the audience ooooooh-ing and ahhhh-ing with each bomb being unloaded.

Natalie rode the bombard of attacks and countered often with some good strong singular technique herself. But even with Natalie's best it was plain to see that Natalie at nearly 6 foot tall and Kerry-Louise at only 5'5" that Kerry-Louise was built so strongly in both leg, shoulder and arm areas and as she moved in close this was where she was at the most dangerous.

Kerry-Louise then turned up the pace again! Catching kicks, dummies and kicking through hard and low which saw Natalie taken to the canvas on several occasions. As the final round was called Kerry-Louise was sitting on a 4 round straight win and adding the 5<sup>th</sup> would give her a straight set and match!

Round 5 was perfection and Kerry-Louise just showed that the extensive fitness, stamina and bag/pad training, plus all the hours of ring sparring had paid off.

Again Van Niekerk saw the canvas with a massive scoop and leg take down as the fight neared the end, the final 30 seconds was shouted from Kerry-Louise's corner and she tucked up and went for gold.

The final bell rung and Natalie knew that as hard as she had fought and as much as she had defied the British fighter of putting her down and keeping her down that the victory and beautiful solid Brass and leather title belt was going to be placed around Kerry-Louise's waist! It was and Natalie showed her professionalism and true sportsmanship again by placing the belt around her opponent.

Tears of jubilation from Kerry-Louise and both her Mum, Dad, Brother, Granddad and Aunties showed how tense the fight had been for all of them, but it was now over and just leaving long time coach and partner Master Cris Janson-Piers as one of the UK's top trainers, managers, coaches and promoters to now enter into talks to secure the World Crown in 2011 hopefully?

Both Cris and Kerry-Louise would like to thank all her training partners and close friend Shane Beard for his time along with other coaches who they have a great relationship with and work in unison with, namely Mr Richard Smith of Bad Co, Paul Powers SDF and Internationally with Arnaud Mimouni France and their very dear friends in Ton and Robin Vriend in Holland where the two visit as much as they can every year!

Kerry-Louise also has a Thai Background and now trains with Kru Leif Taggart and is presently a purple Khan. Major influences here are all the staff at S.Vorapin Gym Thailand and also Channoy of Thailand who needs no introduction, Kerry-Louise was personally and highly praised by this major name and champion within his sport as he trained her privately on several occasions this year.

One main character who has influenced both Kerry-Louise and Cris himself and who has tirelessly worked with Kerry-Louise on the pads and sparred with her in the

ring is K1 Multi World Champion Ernesto Hoost! So from “Mr Perfect” as Hoost is called....”Miss Perfect” has hailed, thank you sir! Respect to you!!

Full story and pics to be released real soon and very shortly a show real of the lady herself with footage that people have never seen whilst she has always been hid away in her climb to the ultimate goal. Kerry has won a World title in every style she has ever trained in and left the full contact scene as WAKO Pro World Champion also. Although the WAKO World title looks very interesting the mere fact that Intercontinental means anyone from any of the continents in ANY part of the World means Kerry-Louise had put herself on offer to anyone anyway, leaving the word “World” as a mere statement but another opening for her to have another fantastic title fight in 2011, which will again be local so all her supporters can go and watch.

Thank you also goes to Kerry-Louise’s personal sponsor (Who as always remains anonymous) without his help the fight would have not gone ahead because of the expense and the economic climate at the moment.

Sponsors All-sports International who keeps Kerry-Louise in tip top shape by supplying her with all her sport/food supplementation needs.

Sponsors Pentagon Toyota.

So how did it go? A ringside blow for blow account seen here below from the WAKO Pro PR office details Kerry-Louises amazing achievement.

#### Round 1

The opening round was cagey, as expected, with both fighters finding out each other’s strength and weaknesses then Kerry initiated the first attack with clean and powerful scoring shots, Natalie countering well on the back foot. The clinch was initiated by Natalie as she was taller but Kerry dominated it by turning Natalie onto the ropes and using strong knees to the legs. Kerry being the shorter stronger fighter found no problem in placing her opponent well in the clinch and took the round comfortably.

#### Round 2

A more aggressive round by Kerry. The advice of the corner in the round break had her growing in confidence whilst Natalie tried to use her reach by using push kicks to try to keep Kerry away but after the first few attempts Kerry had worked it out and scooped it away and used good solid hands and legs shots as she moved in.

Kerry buckled Natalie's leg with a solid kick and then took her off her feet with the second kick that got the crowd really excited. The clinch was good and strong with turning tactics and leg knees as Natalie was much taller she struggled to get her own knees off as Kerry clinched tightly.

Natalie took a powerful head kick off Kerry's strongest leg and proved she had a solid chin as she still kept pushing forward.

### Round 3

From the bell both girls got down to business in with good boxing skills from both sides, Natalie's chin got tested again with an over hand right that was heard throughout the theatre. A strong round with Natalie's leg showing swelling and bruising but she still battled on, this was very much Kerry's round as she again grew more confident and dominated the fight.

### Round 4

A good tactical step back and counter off Natalie started the bout but this allowed Kerry to push in with her hands. A scoop and kick took Natalie to the floor again as Natalie's leg was paining her it was easier for Kerry to attack it more of the same powerful hands off Kerry came in this round but again Natalie took them well and continued to fight.

### Round 5

Kerry came out on a mission and for the first 30 seconds she used a barrage of very strong punches and kicks along with some good knees, Natalie saw the canvas again as Kerry took her off her feet twice in this round (unlike in boxing and kickboxing, K1 Rules sees a lot of inner thigh and low kicks which unbalance the opponent and put them to the floor, although not forcing a count they are not nice as they inflict pain but more of an embarrassment as the fighter has to get back up off the canvas!). Kerry hit Natalie with everything in the book but true to the nature of most South Africans she remained strong! A great fight by both girls but the clear winner was Kerry Louise.

Kerry said

“ I was wary of the South African fighter, I know they are tough especially as we follow the rugby in our home, hence why Cris also picked me a fighter from New Zealand for my World Title fight in Full Contact. I had never seen Natalie fight

before but I have seen a fellow member of the South African national team and she was a tough cookie! I was more than ready for this fight, My training has gone very well, because I knew nothing about Natalie apart from that she was taller than me which is no surprise!, I had to be prepared for every kind of fighter. I have a great coach in Cris who helped me with my pre fight preparation, and my training partners let me practice my tactical techniques on them. A knee injury had me out of training for months and I have had to be very careful with it, but it wouldn't be me if I wasn't injured before a fight! I thoroughly enjoyed the training, the build up to the fight, and the fight itself and to be able to fight in front of my family and friends and have them there when I lifted the belt, was just the icing on the cake!"

Cris said " Kerry-Louise will now have a long, well earned rest over Christmas and the New Year and will be back into hard training very soon. Now holding titles at World Level in both Kickboxing and K1 Rules, plus every other martial arts discipline she has ever studied she is now somewhat Iconic. I personally am proud to know her and to have trained her from the beginning of her very successful career. The Rotherham Mayors award "Rotherham Ambassador" last week and this latest victory have finalised the best year ever for Falcon Fight Academy of Dinnington, a small ex-mining village in South Yorkshire. We have had so many champions this year its unreal, what a boost for our local community!"

Falcon Fight Academy can be found at [www.falconfightacademy.co.uk](http://www.falconfightacademy.co.uk)  
It is open for beginners to World Champions in all styles, check them out or email Cris at [crisjansonpiers@googlemail.com](mailto:crisjansonpiers@googlemail.com)

